

## Leadership Coach Profile

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Kruti Kapadia is a leadership and peak performance coach with over 16 years of experience, combining expertise in management consulting with a passion for personal and professional development. With a background in leadership coaching, change management, and strategic communications, she works with individuals and organizations to unlock their potential, build resilience, and drive sustainable success.

Her coaching approach focuses on empowering clients to communicate effectively by crafting impactful message and engaging stakeholders during times of change. She helps them maximize their potential by overcoming limiting beliefs, discovering their strengths, and achieving breakthroughs. Additionally, she develops their leadership skills by motivating teams, fostering innovation, and creating a culture of high performance. She also works with clients to optimize their performance by setting and reaching ambitious goals, while applying effective strategies for success. Kruti supports clients in navigating complex changes by implementing change management strategies that drive transformation. Finally, she helps individuals create fulfilling careers by finding purpose, achieving work-life balance, and making a meaningful impact in their professional and personal lives.

Kruti has worked in both federal and commercial clients, including the Department of Defense, IRS, Booz Allen Hamilton, Uber, and Adobe, helping them navigate organizational changes and improve leadership performance. She has a proven track record in facilitating strategic growth, guiding teams through transitions, and fostering collaboration. Kruti's holistic approach helps individuals and teams achieve extraordinary results, build resilience, and sustain peak performance.

### Education & Credentials

Kruti Kapadia's educational background and certifications reflect her commitment to professional development, including credentials such as:

- Professional Certified Coach (PCC), International Coach Federation - 2024
- Leadership Circle Profile - 2023
- Associate Certified Coach (ACC), International Coach Federation - 2022
- Institute of Professional Excellence in Coaching (iPEC) - 2022
- The Effective Facilitator Certificate - 2014
- Change Management Advanced Practitioner Certificate, Georgetown University - 2010
- B.A. in Sociology, Wells College, NY